

Retreat In Daily Life (RDL) Instruction sheet



Focus: To experience the Spirit. To experience the voice of God. To interact with a passage of scripture. To experience deep fellowship in a small group setting—praying and supporting each other.

Time Commitment: Weekly Zoom meeting of One Hour. Minimum of 15 minutes per day-or as long as you desire!

Process:

1. Each week you will receive a RDL sheet— a thematic study of scripture.
2. Read prayerfully one of the text/ passages daily—working through them. You will have six passages for six days.
3. Read your daily passage through two or three times.
 1. Ask the LORD, what He is showing you, telling you, revealing to you about you and the text. (Don't make this clinical—or objective—make it subjective) When you are reading a text don't ask what is the Lord telling you about your neighbour or about the pastor —LOL
 2. Write down on paper (keep a RDL journal) what you believe the Lord is helping you understand, etc.
 3. Spent five minutes in prayer about what the Lord is showing and revealing to you.
4. At the specified time, on Zoom, you will be in a small group of no more than 10 others. Opportunity for prayer, encouragement and interaction will occur under the direction of Pastor Peter. Make sure you have secured the proper ZOOM number for the week. Zoom numbers change weekly!